

# Year 6/7 Transition

## Games



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[www.youthsporttrust.org/mypersonalbestpri](http://www.youthsporttrust.org/mypersonalbestpri)



### Learning Intention:



1. Show and develop self motivation when developing agility
2. Show fairness when competing against an opponent
3. Reflect on how you can use your understanding of agility to develop a new agility test.



### Social Connectedness:

Try different methods of individually completing the tasks before challenging a partner. Complete the Illinois agility test as a group, helping each other to time your best effort.



### You will need:

Cones for pupils to make agility runs.



### Current Guidance:



- Ensure every child washes their hands before and after the lesson.
- Maintain physical distancing with all children at least 2 metres apart.
- Wherever possible do not use equipment – any essential equipment used must be cleaned before and after use.
- Outdoor PE is preferable, but if indoors make sure the space is well ventilated.



### Links to Learning:

- Think about which areas of your life need self-motivation. Could you work harder at school? Are you slow getting out of bed? Is your bedroom messy? Challenge yourself to improve these areas without needing an adult.
- Do you play fairly at break time and lunchtime or when you are playing games with your brothers and sisters? Think about how you treat people, could you be better at winning and losing?
- Reflect on the past few months and how you have found living within our 'new normal.' Have you or members of your family found things difficult? Would it be good to talk to a friend or teacher about these feelings?

### STEP: Space Task Equipment People

- Encourage pupils to be creative when designing their agility runs. Get them to think about Space, Time, not having Equipment and the Person they are working with!
- For pupils that struggle with self motivation in PE, think about who they work with on these tasks.
- Change pairings to encourage and develop 'fairness.' You may want to put pupils together who struggle to play fairly to see if they can work together and develop this characteristic.

